

ASANNAGAR MADAN MOHAN TARKALANKAR COLLEGE

Ad-on Course/Certificate Course

First-Aid

Final Examination-2024

Date of Exam: 18.06.2024

Answer twenty five questions from the following (পঁচিশটি প্রশ্নের উত্তর দাও): -

1x25=25

1. Which are the following are the aim of First-Aid ?
 - a) Preserve life and limbs
 - b) To limit further injuries
 - c) To promote recovery
 - d) All of the above
2. Dry bandage is done
 - a) To stop blood flow
 - b) in order to stop
 - c) To apply pressure to the wound
 - d) To prevent wound
3. An efficient dressing should be
 - a) With germs
 - b) Germs free
 - c) Oily
 - d) With moist
4. Arrange the First –Aid sequence in a correct manner
 - a) Restore Breathing
 - b) Stop severe bleeding
 - c) Treat shock
 - d) Call advanced medical help immediately abcd
5. The ABC of basic life support are
 - a) Airway, Breathing, Circulation
 - b) Airway, Bridge, Canal
 - c) Action, Breathing, Circulation
 - d) None of the above
6. The damage of skin is
 - a) Scald
 - b) Wounds
 - c) Burn
 - d) Fit
7. First things to do if a person has been injured by an electric shock and does not have a pulse
 - a) Check for other injuries
 - b) Give CPR
 - c) Wait for ambulance to arrive
 - d) Lower the head and raise the legs
8. To help a person who may stopped breathing, a _____ needs to be performed
 - a) MRI
 - b) CPR
 - c) X-Ray
 - d) All of the above
9. What is the first step in providing First Aid?
 - a) Assess the scene for safety
 - b) Apply direct pressure to the wound
 - c) Perform rescue breath
 - d) Elevate the injured limbs
10. What would be the required First Aid in case someone suffers a deep wound while playing?
 - a) Call for doctor
 - b) Anesthesia
 - c) Stop bleeding
 - d) Stitch the wound
11. What are the symptoms of Hypothermia?
 - a) Feeling warm & sweaty
 - b) Feeling cold & sweaty
 - c) Feeling tired and cold experiencing shivers & acting abnormal
 - d) Being very sweaty
 - e)

12. What should you do when someone suffers swelling from a head injury?
- Use a cold compress
 - Use a hot compress
 - Medication
 - Leave it alone
13. Chemical burns are caused by
- Heat
 - Solids
 - Acids
 - Nitrogen gas
14. The CPR that should be done to the heart attack patients per minute is
- 3 times
 - 6 times
 - 4 times
 - 2 times
15. Which of these population groups has the highest risk for burns
- 70 – 80 years
 - 24 months or younger
 - 18 – 35 years
 - Up to 12 years
16. How should the eye be treated if a chemical splashes in to it?
- Let the eye tear to wash the chemical out
 - Cover the eye with a loose, moist dressing
 - Use milk to flash the eye
 - Flash the eye with clear drinking water
17. If someone is bitten by snake and you can't get help right way , what First aid you can give?
- Keep the bite below the level of the heart
 - Clean the area with soap and water
 - Cover the area with a clean dressing
 - All of the above
18. Name the substance in the list that can be used to treat wasp stings.
- Water
 - Bicarbonate of the soda
 - Hydrogen peroxide
 - Vinegar
19. what can you do to lower risk for being bitten by a snake?
- Catch any snakes you see on a hike and move them of the trail
 - Kill any snakes you see on a hike
 - Wore thick leather boots when hiking through tall grass
 - None of the above
20. what is the first things you should do for severe bleeding?
- Put the victim in the recovery position
 - Direct pressure with clean cloth or hand
 - Cover with the clean cloth
 - Give oxygen
21. List what FAST stand for
- Face, Arms, speech, Time
 - Fracture, Arms, speech , Time
 - Face, Arms, speech,
 - men, sleep, Time

22. How many types of Burn?

- a) 3
- b) 2
- c) 1
- d) 4

23. Like an example of dry burn?

- a) Hot Tea
- b) Hot Water
- c) Heat Iron
- d) Steam

24. Heat Stroke is defined as a body temperature higher than

- a) 37 °C
- b) 41 °C
- c) 40 °C
- d) 45 °C

25. Deep skin burn is treated with

- a) Split thickness Graft
- b) Full thickness graft
- c) Amniotic membrane
- d) Synthetic skin derivatives

Answer five questions from the following (পাঁচটি প্রশ্নের উত্তর দাও):-

2x5=10

1. What do you mean by First-Aid?
2. What is muscle Sprain?
3. What are the things to be kept First – Aid box.
4. What is medial epicondylitis or golfer's elbow?
5. Write any two objective of First-Aid?

Answer any three questions from the following (যে কোনো তিনটি প্রশ্নের উত্তর দাও):-

5x3=15

1. Write down the Golden rules of First- Aid.
2. Write about qualities and duties of a good first – Aider.
3. How many bandages are use in First-Aid?
4. Briefly describe types of wounds?
5. Write down the any one sports injury and it's First-Aid management.