

# ASANNAGAR MADAN MOHAN TARKALANKAR COLLEGE

## Ad-on Course/Certificate Course

### First-Aid

Final Examination-2024

Date of Exam: 18.06.2024

Answer twenty five questions from the following (পঁচিশটি প্রশ্নের উত্তর দাও): -

1x25=25

1. Which are the following are the aim of First-Aid ?
  - a) Preserve life and limbs
  - b) To limit further injuries
  - c) To promote recovery
  - d) All of the above
2. Dry bandage is done
  - a) To stop blood flow
  - b) in order to stop
  - c) To apply pressure to the wound
  - d) To prevent wound
3. An efficient dressing should be
  - a) With germs
  - b) Germs free
  - c) Oily
  - d) With moist
4. Arrange the First –Aid sequence in a correct manner
  - a) Restore Breathing
  - b) Stop severe bleeding
  - c) Treat shock
  - d) Call advanced medical help immediately abcd
5. The ABC of basic life support are
  - a) Airway, Breathing, Circulation
  - b) Airway, Bridge, Canal
  - c) Action, Breathing, Circulation
  - d) None of the above
6. The damage of skin is
  - a) Scald
  - b) Wounds
  - c) Burn
  - d) Fit
7. First things to do if a person has been injured by an electric shock and does not have a pulse
  - a) Check for other injuries
  - b) Give CPR
  - c) Wait for ambulance to arrive
  - d) Lower the head and raise the legs
8. To help a person who may stopped breathing, a \_\_\_\_\_ needs to be performed
  - a) MRI
  - b) CPR
  - c) X-Ray
  - d) All of the above
9. What is the first step in providing First Aid?
  - a) Assess the scene for safety
  - b) Apply direct pressure to the wound
  - c) Perform rescue breath
  - d) Elevate the injured limbs
10. What would be the required First Aid in case someone suffers a deep wound while playing?
  - a) Call for doctor
  - b) Anesthesia
  - c) Stop bleeding
  - d) Stitch the wound
11. What are the symptoms of Hypothermia?
  - a) Feeling warm & sweaty
  - b) Feeling cold & sweaty
  - c) Feeling tired and cold experiencing shivers & acting abnormal
  - d) Being very sweaty
  - e)

12. What should you do when someone suffers swelling from a head injury?
- Use a cold compress
  - Use a hot compress
  - Medication
  - Leave it alone
13. Chemical burns are caused by
- Heat
  - Solids
  - Acids
  - Nitrogen gas
14. The CPR that should be done to the heart attack patients per minute is
- 3 times
  - 6 times
  - 4 times
  - 2 times
15. Which of these population groups has the highest risk for burns
- 70 – 80 years
  - 24 months or younger
  - 18 – 35 years
  - Up to 12 years
16. How should the eye be treated if a chemical splashes in to it?
- Let the eye tear to wash the chemical out
  - Cover the eye with a loose, moist dressing
  - Use milk to flash the eye
  - Flash the eye with clear drinking water
17. If someone is bitten by snake and you can't get help right way , what First aid you can give?
- Keep the bite below the level of the heart
  - Clean the area with soap and water
  - Cover the area with a clean dressing
  - All of the above
18. Name the substance in the list that can be used to treat wasp stings.
- Water
  - Bicarbonate of the soda
  - Hydrogen peroxide
  - Vinegar
19. what can you do to lower risk for being bitten by a snake?
- Catch any snakes you see on a hike and move them of the trail
  - Kill any snakes you see on a hike
  - Wore thick leather boots when hiking through tall grass
  - None of the above
20. what is the first things you should do for severe bleeding?
- Put the victim in the recovery position
  - Direct pressure with clean cloth or hand
  - Cover with the clean cloth
  - Give oxygen
21. List what FAST stand for
- Face, Arms, speech, Time
  - Fracture, Arms, speech , Time
  - Face, Arms, speech,
  - men, sleep, Time

22. How many types of Burn?

- a) 3
- b) 2
- c) 1
- d) 4

23. Like an example of dry burn?

- a) Hot Tea
- b) Hot Water
- c) Heat Iron
- d) Steam

24. Heat Stroke is defined as a body temperature higher than

- a) 37 °C
- b) 41 °C
- c) 40 °C
- d) 45 °C

25. Deep skin burn is treated with

- a) Split thickness Graft
- b) Full thickness graft
- c) Amniotic membrane
- d) Synthetic skin derivatives

**Answer five questions from the following (পাঁচটি প্রশ্নের উত্তর দাও):-**

**2x5=10**

1. What do you mean by First-Aid?
2. What is muscle Sprain?
3. What are the things to be kept First – Aid box.
4. What is medial epicondylitis or golfer's elbow?
5. Write any two objective of First-Aid?

**Answer any three questions from the following (যে কোনো তিনটি প্রশ্নের উত্তর দাও):-**

**5x3=15**

1. Write down the Golden rules of First- Aid.
2. Write about qualities and duties of a good first – Aider.
3. How many bandages are use in First-Aid?
4. Briefly describe types of wounds?
5. Write down the any one sports injury and it's First-Aid management.